

BETTER SEX GUIDE

YES, NO, MAYBE SEX LIST

Circle YES's, cross out NO's and put a question mark next to your MAYBE's. Discuss some or all of your choices with your partner. Or use this guide as a way to learn about your sexual desires.

Anal Sex
Anal stimulation
Asphyxiation
Barebacking
Biting
Blended orgasms
Blindfolds
Blowing air in ear
Body massage
Bondage
Caressing
Clitoral Stimulation
Compliments
Cross-dressing
Cuddling
Cumming on someone
Mutual deep breathing
Domination
Edging
Eye contact
Face sitting
Fingering
Fisting
Food play
Foot massage
Footsies

G-spot stimulation
Genital massage
Hair pulling
Hand job
Handcuffs
Hot wax
Kissing neck
Licking
Making out
Massaging inner thigh
Masturbating together
Multiple orgasms
Mutual masturbation
Oral sex
Orgasm
Pecking
Penetrative sex
Phone sex
Post-sex shower
Pre-sex bath together
Prostate stimulation
Raking
Reading erotica together

Roleplay
Sex board games
Slow sex
Spooning
STI testing
Submission
Sucking nipples
Swallowing ejaculate
Talking dirty
Tantra sex
Testicular massage
Twisting nipples
Using sex toys
Using arousal oil
Using lubricant
Wearing lingerie

Create your own:
